

CANINE CONCERN SCOTLAND TRUST

Patrons:
Rosemary Long
Gary Hollywood



Scottish Charity
No. SC014924

Incorporating **THERAPET**®

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BULLETIN 79 – January 2014

Dear Members and Friends

With best wishes for 2014. The year just finishing has been an eventful year for the Trust, the highlights being the celebration of the twenty fifth anniversary, the move to the new office in Edinburgh, the appointment of Lesley Bird as the new Administrator and, of course, the continuing success of the Therapet Service, more of which later.

MEMBERSHIP SUBSCRIPTIONS for 2014 are now due and I attach a renewal form. We do hope that you will continue your membership and of course it is very important, from the insurance point of view, that Therapet Volunteers keep their membership up to date. The form contains a **Gift Aid Declaration**. If you are a tax payer and wish to make use of the Gift Aid system, in respect of your membership and/or donation, please read the declaration carefully. If you are certain that you qualify please do sign the declaration as the Trust can then recover valuable tax from HM Revenue & Customs. You will also see from the form that it is possible to make payment directly to the Trust's bank account. If you decide to use this method please ensure that you instruct your bank to give your surname and initial as a reference. Additionally if you make direct payment please remember to send the completed renewal form if you want Gift Aid to apply.

The annual **PRESENTATION AND AWARDS LUNCHEON** for 2013 took place at the Kaim Park Hotel, Bathgate on Sunday 17th November. A record number of members and friends attended. It was a most happy celebration of twenty five years. As a memento of the occasion everyone received copies of "Sprigs of Holly" by Marjorie Henley Price and "My Best Friend – The Dog" neatly bound together with a special anniversary rosette. To make the presentations of the awards we were delighted to have with us out two patrons, Rosemary Long and Gary Hollywood



There were two awards made to recognise fund raising efforts in connection with sponsored walks **The Ki-Chu-Asha Stars of Hope Memorial Trophy**, which was for the organiser whose walk raised the most money, and **The Miss Matty Award** which is awarded to the top individual fund raiser at the sponsored walks. This year both the awards went to **Vivien Moen**, our representative of Badenoch & Strathspey.

Trustees:

George Leslie BVMS MRCVS, James Macdonald, Dr Valerie J Marrian MBChB FRCP FRCPE DCH,
Rita Percival, A Douglas Ruthven CChem FRSC, I Allan Sim BSc CA, John A Stead BSc.

Secretary/Treasurer: Nicholas P Henley Price

The **Dr Morris Andrew and Daniel the Spaniel Trophy** is awarded to the Therapet Organiser of the Year. Dr Andrew was a Trustee and also the Area Representative for Edinburgh and the Lothians for a number of years. The trophy was donated by members of Dr Andrew's family.

The Award is not voted on. The **ADMINISTRATOR** decides on the recipient. As our new Administrator, has only joined us quite recently I, as the outgoing Administrator, made the decision in consultation with Chairman George Leslie. It is never an easy choice. We have so many wonderful people around Scotland who give of their valuable time and do magnificent work for the Trust and have made the Therapet Service the success it is. We thank them all.



The winner, in this our 25th Year, is well known to most of you, not only for the tremendous work that he does in his own area but also for the support that he gives to all our Area Representatives. It was very fitting that we should be giving the award to **James Macdonald** in this particular year. He joined the Trust at its inception and soon became an Area Rep and has been working tirelessly ever since. His area, Glasgow and Strathclyde, has the greatest number of Therapets and James is constantly carrying out assessments of potential

Therapets and arranging for volunteers and newly registered Therapets to commence visiting. James does a great deal of promotional work for the Trust in his area and in many parts of Scotland. Although James does so much more additional work for the Trust, on this occasion we were honouring him as **Therapet Organiser of the Year Award 2013**.

The Trustees decided that they would like to mark the anniversary year by making an award to a very special person and **Jennie Grant** of Glasgow is that person. She also joined the Trust



immediately it was created and was a most dedicated Therapet visitor with her Miniature Long Haired Dachshund "**POPPY**" at Flanders House. Jennie has been a member of the Committee of Management for a very long time and for a great number of years she hosted the Committee of Management meetings in her flat in Glasgow. As members of the Committee will testify the buffet that Jennie gladly provided at the end of each meeting was superb.

Unfortunately Jennie was unable to attend the lunch as she had been unwell and had a spell in hospital. Trustee Douglas Ruthven, accepted the award on Jennie's behalf.

The next award was the prestigious **IAIN WHYTE MEMORIAL AWARD**, donated by Betty Lawson-Whyte in memory of her husband who was a great admirer of the work carried out by Canine Concern Scotland Trust. The award is made to a person or organisation whose work has been of special benefit to the Trust over the past year or over a period of years. Over the years some very special people and organisations have been given the award and this year is no exception.

Maureen Hill has been our Area Representative in Dumfriesshire for some twelve years. During this time she has done great work with her team of volunteers and their Therapets. She has built good relationships with many of the homes in her area, some of whom have made significant donations to the Trust. She has given many talks about Therapet to interested groups. Over the years Maureen, aided by her husband Ian and some willing helpers, has done some really fantastic fundraising for the Trust. This has been done by taking stalls at agricultural and other shows during summer months and many fayres, bazaars and other events in the lead up to Christmas. Maureen, and Ian, spent much of their spare time making beautiful quilted dog beds which were sold on the stalls along with other homemade items. Not only does Maureen raise lots of money her attendance at these events achieves excellent publicity for the Trust and the Therapet Service.

We were extremely sorry that Maureen was unable to be at the lunch to accept the award because of family commitments. Trustee James Macdonald accepted the award on Maureen's behalf and a few weeks later he delivered it to her at her home.



The inscription on the award reads:

“With gratitude and in recognition of her dedicated work in connection with the Therapet Service and for her Fundraising over many years.”

SPENCER AWARD for THERAPET OF THE YEAR.

This award was donated by **Tom and Dorothy Wilkins**, whose Cavalier King Charles Spaniel, **SPENCER**, was the very first dog to be registered in the Therapet service, way back in 1988. Again this year we had a very good number of excellent nominations.

The winner of **THERAPET OF THE YEAR 2013** was Border Terrier **“BONNIE”** Bonnie is owned and loved by **Anne Cameron** of Irvine and was nominated by Ayrshire Area Representative Linda Whitby who wrote:-

“Anne and Bonnie have been visiting Ayrshire Central Hospital and Moorpark Training Centre for nearly a year. What has so appealed to me is the change in Bonnie. Outside of visiting she is a



bumptious little Border Terrier but once she starts her work she quietens down, walks steadily – almost seriously! The people she visits love her – if allowed she cuddles down on the bed with the resident or on their lap if in a chair and I think they would both go to sleep if left! You will see from the enclosed notes and poems how popular she is.

Bonnie is not disturbed by noisy, autistic people and continues to be friendly in difficult situations. At the Hospital she meets upwards of fifty people including patients, staff and visitors and she is delightful with all of them and doesn't weary of giving a paw for a suitable reward!

Bonnie and Anne also come with me when I give talks and very much enjoy the socialising afterwards - and the tea and biscuits!”

Sister Aitken of Ayrshire Central Hospital supported Bonnie's nomination stating:-

“Pet Therapy has been visiting Ayrshire Central Day Hospital over the past 6 months. This service is greatly appreciated by patients and staff. One of the dogs which visits regularly is a Border Terrier called Bonnie whom we have found to be cute, calm and thoroughly delightful. Patient interaction with Bonnie is uplifting and valued as some patients at this service have previously been dog owners and such a little dog brings lots of joy and happiness when she walks into the room. We find Pet Therapy a valued part of patient rehabilitation and Bonnie fits into this role perfectly.



John and Cathie Bass sent in the following statement in support of Bonnie’s nomination:-

Our son, Ben, has been an in-patient on Pavilion 11, Ayrshire Central Hospital since January 2012. He is visited by Therapet dogs Bonnie and Megan every week and we are delighted to support this application on behalf of Bonnie. Ben was one of Bonnie’s first visits as a new Therapet. Because Ben is in an altered conscious state he is easily startled and needs quiet, calm surroundings. Bonny seemed to sense this from the beginning. She lies quietly on Ben’s lap, occasionally licking his hand! Although unable to communicate, we can tell that he loves Bonnie’s visits from his reactions. His gaze fixes on Bonnie and his smile and vocalisations clearly indicate his pleasure. Bonnie is an absolute delight. Always well behaved and with a beautiful, gentle nature she is the perfect Therapet and well- deserving of this award.”

The very close **RUNNER-UP** for Therapet of the Year was “**Ellie**” a Lhasa Apso owned by Christine Grist of Fife. Ellie was nominated by Staff Nurse Diane Walsh of Whiteman’s Brae Psychiatric Hospital, Kirkcaldy where Ellie has been visiting for a number of years. The other Therapets nominated were

- Curly Coated Retriever “**Harris**” owned by Barbara Cooney
- Labrador “**Ness**” owned by Simon Young
- Boxer “**Bruce**” owned by Patricia McMahon
- Labrador “**Jack**” owned by Claire Grubb
- Collie/Spaniel “**Ozzy**” owned by Brenda Williams
- German Shepherd Dog “**Su Kee**” owned by Jean & George Davidson
- Shetland Sheep Dog “**Thruppence**” owned by Anne Stewart

THERAPETS NO LONGER WITH US

Since the last Bulletin I have been advised that a number of Therapets have died. Amongst them very sadly was Douglas & Irene Ruthven's Border Collie "**HOLLY**". Holly had been an active Therapet for over twelve years, a remarkable length of time. Quite apart from her direct Therapet visiting work she helped Psychologists with phobic children and did a tremendous amount of publicity work on the stands at Scottish Kennel Club shows, and other exhibitions, and helping Douglas at talks he has given to a wide range of interested groups. Had it not been for Douglas being a Trustee Holly would, most certainly, have been a Therapet of the Year.

The other much loved Therapets we have heard about were:-

Jacqui Finnie's Golden Retrievers "**BAILEYS**" & "**BRAMBLE**"

Jean Duffy's Collie Cross "**BONNIE**"

Ian Murdoch's Cocker Spaniel "**COPPER ANGUS**"

James Ross' Bearded Collie Cross "**DILLON**"

Maureen Hill's Flat Coated Retriever "**HARLEY**"

Fiona McBain's Labrador "**LLOYD**"

Alison Semeonoff's Cocker Spaniel "**MILO**"

I hope that I have not missed anyone but if I have please let me know.

Apology

I wish to apologise to Anne Thomson for the unforgivable mistake of recording the wrong name for her Collie Cross "**HARRY**" in the August 2013 Bulletin.

READING WITH DOGS

On Saturday 30th November CCST took part in a reading with dogs event at Larbert Library. The event was to try to encourage young readers who lacked confidence with reading to come along to the library and, instead of reading to a person, read to a dog. The idea was the dog would listen to them and not judge, allowing them to relax and gain confidence in reading out loud. Therapets Pixie and Abby, along with their owner Jim Fleming, Stirlingshire Area Representative Lynsey Thomson and Trustee James Macdonald took part on the day.

Four children took part and they were a mixture of new readers and children who found reading more challenging. Pixie and Abby were the perfect listeners and settled themselves down for a little story time as the children read to them. The biggest impact came with the last child who found reading particularly difficult. Pixie and Abby got comfortable and listened as the child started to read the story with her mum. It was evident that she was struggling with the words but she carried on and as Pixie and Abby settled down, as did she. Her reading became more fluent and she began to string more sentences together. By the end of the session she had read nearly a whole book, something which her mother said she would not normally do.

The child's mum sent the following e-mail which sums up the whole event beautifully;

“I just wanted to thank you and the rest of the team (with a special BIG thank you to Pixie and Abby) for helping to make reading a pleasurable experience for our daughter. As you know she



finds reading very hard and is often put off picking up a book because it can leave her feeling dejected when she get stuck with words. Abby and Pixie were extremely good listeners and most importantly helped her to relax and not feel anxious if she found parts difficult. In fact they helped her relax so much she read the whole story, something she would not normally attempt! I know she loved meeting the dogs and reading to them, and also went home feeling a positive association between reading and books.”

It is hoped that we will be able to organise more of these events in the future and will be able to make reading more enjoyable for other children.

Lynsey Thomson

PAWS AGAINST STRESS

This is an account of a new initiative for Canine Concern Scotland Trust and it's Therapet Service which took place in collaboration with the University of Edinburgh in the spring and again in the early winter of 2013.

The story began with an email to CCST from Lindsay Crago of the Student Counselling Service (SCS) at the University enquiring if we would consider holding a Therapet day there during exam times to help to counter student stress. I confess that my first reaction was to think that “Student” and “Stress” are contradictory terms ! However having been exposed again to the academic lifestyle I am very impressed by the attitudes of the students and their desire and determination to do well. I knew that Therapy dogs, and other animals, have been part of university life in institutes in the USA and Canada for some years but I was not aware of this being done before in the UK.

I had a first meeting with Lindsay and her colleague Dr Jenny Leeder and it was plain that they were very serious about this and had done a lot of homework already. We looked at the rooms that might be used and we agreed the limits we could offer the students, e.g. six Therapet dogs at each session which would last no longer than two hours. Subsequent meetings confirmed dates and timings for three sessions over a three week period in the spring before the final exams. Very importantly the co-operation of Edinburgh University Students Association (EUSA) was confirmed and they offered to use their advertising, marketing and ticketing experience to attract the best response in a controlled manner via their EventBrite system. This included a poster campaign, messages on the EUSA Facebook and Twitter sites, on-line booking facilities and a media briefing by the University Press Office.

A few phone calls and e-mails to Therapet volunteers in and around Edinburgh with very settled dogs, of various breeds and sizes, quickly allowed me to build up an excellent team of Therapets for all three planned sessions. The volunteers were all eager to take part and saw this as an opportunity to get to know other volunteers, to do something quite different from their regular Therapet visits and to help a valuable and very worthwhile initiative by the university and CCST.

Over the next weeks our activity centred on the detailed arrangements to ensure that the students could get the maximum benefit from the events and also that the dogs were being used in an



appropriate manner and stress free situation. It was soon clear that interest in the first event was building among the student population and also the wider public. In discussion with James Macdonald we anticipated this could spread to institutes throughout Scotland and he offered to assist me in this venture and I was grateful for his experience and counsel.

Since the tickets would only be made available a few days before each session we really had no idea how the events might be

received by the student population and how many would take the trouble to book in advance. At McGill University in Montreal they expected thirty or so students to a similar first event and ended up with three hundred. But we were in a different environment and were unsure about the response. We decided to plan for the maximum numbers that might attend and that was by having six Therapets present to meet groups of students varying in size from one to four, every fifteen minutes over a two hour period. On this basis the total number attending could be between forty-eight and one hundred and ninety-two. To our surprise all the available tickets were taken up within a few hours of being offered, although we still did not know if students would attend individually or with one or more friends. A few tickets were held back in reserve for students who were not able to book in advance because of study or exam commitments at that time.

Meanwhile the publicity was gathering pace and we were told that Daybreak TV had requested a live photo opportunity at the university at 6.00am on the day of the first event, 23rd April, and that other TV channels might be present at an advertised photo-call later that morning. To their great credit I had no difficulty persuading several volunteers to agree to the early morning photo session. However the Daybreak TV filming was cancelled at short notice but I was asked by Radio Scotland to do a live radio interview along with Jenny Leeder from SCS at 8.45am. As I was unable to drive as a result of a small operation a few days earlier this was eventually arranged to take place in the lounge

of my house where the interviewer quickly set up his satellite link from his car then stroked and petted my old Therapet dog, Holly while we had a live radio conversation. Not driving could have been a problem but James, bless his large cotton socks, offered to come through from Glasgow for each of the three events and be my chauffeur and bagman as necessary and he arrived in time to listen in to the interview.

The photo call at the university was busy and went off well with several national and local newspapers there and also a Scottish TV crew who rolled about on the floor with Therapet dogs while reporting to the camera. Lindsay and I also did short interviews for STV and it was all shown on the national network news that evening and the responses from friends and colleagues were positive.

The first session with the students started at 1.30pm that day and ran until 3.30 pm in the EUSA building in Teviot Square with another there a week later and a third the following week at the Kings Buildings science campus. For every session the volunteers were asked to arrive with their dogs fifteen minutes early to let the dogs meet up and to briefly explore the room. All the volunteers were given name badges and the dogs all wore Therapet coats and lead flashes. The SCS counsellors gave a short briefing, asking the volunteers to refrain from asking the students directly about exams or other anxieties and keeping the conversations friendly and light. If they had any concerns with the manner of any student the counsellors would be ready to intervene on request. The room was set up with groups of five chairs in a small circle for each volunteer and dog to meet with up to four students at a time. The groups of chairs were kept apart as much as the room space would allow. On each occasion a queue of expectant students formed in the waiting room set up for them and the area was full of eager faces before the start time. Those with tickets were offered hand sanitizer and then shown in to the meeting room, introduced to the dog breeds present and then invited to make a choice of which dog to meet. Each group was limited to fifteen minutes with the dogs before the next groups were ready to take their places. The atmosphere in the meeting rooms was always animated and cheerful, often with several students on the floor petting and fussing over the dogs,



asking about the dogs, telling tales about their own family pets, looking for an opportunity to have a brief chat with some of the other dogs before their time was over. On every occasion we noted lots of smiling faces amid some reluctance to part from the dogs as they left the room.

A total of 232 students attended the three sessions during that pre-exam period. The responses from students and staff at the university were sufficiently positive to encourage planning of further sessions before

the end of year examinations. On leaving the first three sessions the students were asked to complete a short evaluation to try to take some measure of the therapeutic value of the event. Five main responses were sought and around 90% of the 223 replied that they would recommend the event, they would do it again, that it was a worthwhile use of their time, that it was useful break from their studies, and almost 75% agreed that it helped to re-energise them. As a final response 94% said they felt less stress after the event, 5% felt the same and 1% felt more stress. There is no record of which dogs this 1% met!

Two more sessions were held in mid-November, one in the large student residence complex at Pollock Halls, and a final one in the university chaplaincy centre in Bristo Square. Again tickets went like hot cakes and were all taken up within hours of being available. These sessions followed the same format as before but the sizes of the rooms

limited us to have only five dogs available at each one. No attempt was made to do further evaluations at these events but the students displayed the same enthusiasm and pleasure at meeting the dogs. One hundred and thirteen students attended the first of these later sessions and ninety came to the second and final one.

No formal feedback was sought from the Therapet volunteers who took part in the events but I have received many very positive responses and no negative feelings.

The volunteers welcomed the change of atmosphere from their regular visits to care homes and hospitals and thoroughly enjoyed the opportunities to interact with very bright, well educated young adults from numerous countries all over the world. Most of them had personal or family dogs at home and were missing any opportunity to bond with a friendly dog. The sessions provided a very welcome opportunity for both the students and volunteers to talk about their dogs to someone with a shared interest albeit for only a very short time.

So what about the stars of the show, the Therapet dogs, how did they behave and did they enjoy their work? Over the five sessions we had no concerns about any of the dogs behaviour. None of the dogs were distressed, had any toilet accident, were sick or otherwise upset. There was no sign of aggression beyond an occasional mild warning to other dogs on arrival and this was anticipated. They were all very responsive but generally quiet unless being wound up and excited by some students. They spent two hours at each session and appeared to be very content receiving their

favourite Therapet rewards
- constant attention from really dog-friendly people and a steady supply of dog treats. However by the end of the sessions there were some very relaxed, dog-tired Therapets to be seen. Two hours was enough for most of them.



Overall, fifteen different Therapet dogs took part in the five events and met four hundred and thirty five students from Edinburgh University.

CCST also had an approach from St. Andrew's University to provide Therapets for a similar session there in May 2013. James Macdonald liaised with Ann Hughes in Fife and assisted in managing a small event there at short notice with four dogs taking part and approximately fifty students attending the session..

The Edinburgh initiative has received considerable attention in the academic world and the Edinburgh University Counsellors have been in demand to report and discuss their findings. Dr. Jennifer Leeder has given a presentation to the National Association of University Counsellors in Sheffield and again to a meeting of the British Association of Counselling and Psychotherapy in Edinburgh. This presentation will be published shortly in their journal and we intend that this will be available via the CCST website. Lindsay Crago accepted an invitation to report on the events to our Area Representatives Meeting held in June in Perth and this generated much interest and discussion.

For the future, these events have stimulated further interest at Edinburgh University and at other academic institutes. I have had approaches from Napier University and Queen Margaret University in Edinburgh and James Macdonald is in discussion with Strathclyde University in Glasgow. Already I have firm dates for three sessions at Edinburgh University in April/May 2014 and two further sessions for them probably in April. Napier University have suggested holding three sessions during March 2014 and Queen Margaret University will be agreeing a date for one session to be held in the spring 2014.

This is a very interesting and challenging opportunity for CCST to set the pace in a new and very valuable service provided by therapy dogs in the UK and which these early indications suggest could become popular in many universities and other academic institutes. We will need to consider carefully how we can best respond to any real increase in demand for Therapet time and how to provide the resources to offer the best service to these new partners without straining our valuable resources - the volunteers and their wonderful dogs.

Finally my thanks and appreciation to all the volunteers who gave time and energy to this novel and interesting project - Alys, Anna, Catherine, Elaine, Elizabeth, Irene, Karen, Maureen, Nicola, Pat, Paula, Ruth, Simon, Susan and Yvonne

Douglas Ruthven.

THERAPET NEWS

“ **Pepper*** together with her owners, **Willie & Alyson** Raworth were invited by Day Care Services of HMP Barlinnie and Rev David Mill of the Shore Churches to attend a service to bless all animals and their owners to raise awareness of the significant part animals play in the welfare of society, not least in difficult and caring situations.

Two police horses were in attendance, a guide dog for the blind, a “hearing” dog, dogs for the disabled, two fire investigation dogs, mountain rescue dogs, and ponies from riding for the disabled with their owners. A brief testimony was made by each of the owners about the good work carried out by their animal and they were then blessed by the Minister.

The weather was dry, with the service carried out within the church grounds, overlooking the splendour of the Clyde. A touching & memorable occasion to highlight the importance of how the animal world means so much to us in our daily lives.”

*Boxer Pepper was Therapet of the Year in 2012

Mrs Gillian Williams from Cardiff sent us the following email:- “My father suffered a stroke back in February whilst in Scotland on holiday and was looked after in the Western General Hospital in Edinburgh where the staff were amazing. We couldn’t have asked for anymore. Sadly he did not survive a second stroke in March but he did make it onto the Stroke Unit from Intensive care for a few weeks. During this time he met some of your pet therapy people whilst on ward 55 and he mentioned that he wanted to give you some money for the joy that you brought to people that are on these wards for months on end, some without many (any) visitors. I contacted the Stroke unit who said you were the pet therapy charity who went into the hospital. We’d like to give you a small donation and honour my Dad’s wishes.”

Matti Ferguson of Banchory sent the following: “**Daisy** has taken to her role as a Therapet with enthusiasm and commitment. I am very proud of her; somehow she knows exactly what is needed by each person she spends time with. Already she is a great favourite and her visits are much enjoyed. We spend two hours each Thursday morning at Annesley Nursing Home in Torphins. We now appear on the weekly list of Residents’ activities.”

Milo, owned by **Alison Lachowski** of Inverurie, recently received his Father Jim Peat Memorial Medal for five years of service as a Therapet and sent: “Thank you very much for my medal. I got very excited about it when my mum showed it to me. I will be 12 years old in a few weeks but I hope I’ll be able to be a Therapet for some time yet. I always know when it’s time to go to The Grove and wait to get my jacket on. I enjoy going to see the old people as they stroke my ears and tell me how lovely I am. One lady says “Hello handsome” when I go into the room. The only thing is that my mum won’t let me get sweets and cakes as she says I’m just a greedy Labrador, whatever that means, but there are always lots of cake crumbs on the floor for me to Hoover up. This always make the old people laugh. A big lick and a wag of the tail, Milo.”

It is always great to receive copies of the newsletters that are prepared by care and nursing homes. **Isabel Atkinson** of Alexandria sent in the one from Castle View Care Home in Dumbarton which featured a picture of Therapet “**Kerri**” at work

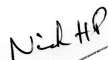
AREA REPRESENTATIVES

We are delighted that we now have formal representation in Cowal & Bute and in Orkney and give a warm welcome to **Margaret McRae** and **Ronella MacInnes**. In Fife **Claire Grubb** has taken over from **Ann Hughes** whom we thank for all her hard work over a number of years. Claire is busily finding her feet and Ann remains on hand to give her help and advice. The current list of our Area Representatives is enclosed.

We do appreciate the wonderful commitment given by our Area Representatives. Without them it would not be possible to manage the Therapet Service which continues to expand as the demand for Therapets increases and the service widens in scope. Our Area Representatives are there to help, so please do contact them to let them know how you are getting on and to make them aware of any concerns that you have. Please also remember that Lesley in the office is there to help as well – the best time to ring is between 10.00am and 1.00pm Monday to Friday

With best wishes to you all and your Therapets.

Yours sincerely



Nick Henley Price

- Please renew membership!
- Visit our website for more news!
- Keep sending reports and stories about your Therapet visiting!